

TOASTIES

Brown/White/Low GI Bread served with Chips/Salad
Tramezzini with Mozzarella Cheese served with Chips/Salad

	Toasties	Tram
Cheese	R47	R62
Cheese, Pesto and Tomato	R49	R73
Cheese and Tomato	R48	R72
Ham and Cheese	R49	R75
Ham, Cheese and Tomato	R52	R75
Avo & Feta	R52	R77
Savoury Mince & Cheese	R58	R85
Bacon	R52	R82
Bacon & Banana	R60	R85
Bacon & Egg	R60	R85
Bacon, Egg & Cheese	R62	R85
Bacon, Egg & Tomato	R62	R85
Bacon, *Avo & Feta	R62	R85
Chicken Mayo or Tuna Mayo	R62	R85
Salami, Pesto & Mozzarella	R60	R85
Spinach, Feta & Mozzarella	R60	R85

WRAPS (served with Chips/Salad)

Cajun Chicken Wrap R85
Lettuce, Corn, Feta, Corn Chips, Peppadews, Cajun Chicken with Ranch Dressing

Mexican Chicken Wrap R85
Lettuce, Tomato, Onion & Chilli Salsa, Avo/Mayo Spread with Chicken Strips

Smoked Chicken Wrap R85
Lettuce, Tomato, Cucumber, Feta, Smoked Chicken with Sweet Chilli Mayo

Tuna or Chicken Mayo Wrap R85
Lettuce, Tomato, Cucumber, Feta and Tuna or Chicken Mayo

Vegetarian Wrap R85
Lettuce, Tomato, Cucumber, Feta, Capers, Fried Halloumi with Pesto Mayo

LIGHT MEALS – Add Chips/Salad for R25

Bacon and Mushroom Quiche served with Chips/Salad R66

Mezze Platter R66
Olives, Feta, Tomato with Pesto, Fried Halloumi,
Onion Marmalade, Chicken Liver Pate & Bruschetta

Vegetarian Mezze Platter R66
Olives, Feta, Tomato with Pesto, Fried Halloumi,
Onion Marmalade, Avo & Bruschetta

Mexican Flying Chicken R82
Chicken Strips served with Tomato, Onion & Chilli, Avo & Pita Bread

Strongman's Sausage Meal R85
Chorizo Sausage in a Chilli Tomato Base Sauce served with 2 pita breads

Croissants

Breakfast Croissant (Bacon & Egg) with Chips/Salad R60

Chicken Mayo Croissant with Chips/Salad R60

Plain Croissant with **Only** Butter, Jam and Cheese R30